

SMS Text Messaging and Email Opt Out Form

Arlington Road Medical Practice encourages fast, efficient and helpful communication for our patients. To help with this we would like to use SMS Text Messages and Emails to send you messages about appointments and other health related topics.

Examples of what our messages may be about are:

- Appointment confirmations and appointment reminders
- Flu or other vaccination invitations
- Chronic disease review invitations
- Blood pressure and cholesterol monitoring
- Smoking status updates
- Reminders to order repeat prescriptions
- Information about new NHS services or developments
- Practice closures

If you have, provided the Practice with your mobile number and/or email address we will treat this as implied consent that you are happy to be contacted via these methods.

However, if you would like to **opt out** of receiving messages from the Practice, please select the appropriate options below.

1. I would like to opt out of receiving appointment reminders and information relating to my specific health care needs (clinical information). SMS Email
2. I would like to opt out receiving messages relating to any Practice service or Practice development, such as practice closure information, new practice information etc. (non-clinical information) SMS Email

Remember

- It is your responsibility to maintain the safety of your mobile number.
- You agree to inform us as soon as possible if you change your number or lose your mobile phone.

Surname		Forename	
Date of Birth		Mobile No.	
<p>Signature: Date:</p> <p style="text-align: center;">I understand that I am able to change my mind at any time by speaking with a member of the practice Reception team or by informing the practice in writing</p>			